



**FOR IMMEDIATE RELEASE**

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**First Edition of *Discover Human Rights* Training Manual Helps Organizations Apply Human Rights Approach**

The Advocates for Human Rights has released its first edition of *Discover Human Rights: A Human Rights Approach to Social Justice*, a training manual designed to help civil society organizations in the United States use human rights principles to combat entrenched poverty, discrimination, and injustice.

This manual, intended for U.S. social justice advocates, provides concrete steps for integrating international human rights principles into their work from framing the issues to identifying human rights-based strategies to ensure these rights are fulfilled for people. Using a participatory methodology, the manual combines short presentations with interactive activities including large group discussions, small group work, and role playing.

Co-author Madeline Lohman sees the training manual as a potentially transformative tool: "By adopting a human rights approach, social justice advocates can change the way we view injustices like poverty and discrimination – not as the result of bad personal choices or bad luck, but as a systematic failure of our society to ensure that all people can live in dignity."

To download a free PDF of the manual, please visit [www.discoverhumanrights.org/training.html](http://www.discoverhumanrights.org/training.html). To order a hard copy or schedule a training session, please contact Madeline Lohman at 612-341-3302 or [mlohman@advrights.org](mailto:mlohman@advrights.org).

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The Advocates for Human Rights is a non-profit organization dedicated to promoting and protecting human rights. Through innovative research, education, and advocacy, The Advocates saves lives, fights injustice, restores peace, and builds the human rights movement in the United States and around the world. For more information on The Advocates, please visit [www.theadvocatesforhumanrights.org](http://www.theadvocatesforhumanrights.org).