



# TAKE ACTION ON FOOD!

## ① Get Informed!

- **Educate yourself on the issue through local, national and international news sources or these websites:**

Food and Agriculture Organization of the United Nations:

<http://www.fao.org/righttofood/>

Food Research and Action Center:

<http://www.frac.org>

- **Stay updated on the progress and outcome of the 2007 Farm Bill.** Visit <http://www.farmbill2007.com/> for more information.

## ② Get Involved!

- **Volunteer at a food shelf or food kitchen.** Call Second Harvest Heartland at 651-209-7939 to schedule a volunteer time; or, find your local food bank or food shelf at <http://www.mnhungerpartners.org/> and contact them to see how you can help.
- **Contact legislators and encourage them to support legislation that protects everyone's right to food.** To find your legislator's contact information visit: <http://www.congress.org/congressorg/home/>

## ③ Get Others Interested!

- **Create your own food drive.** Whether it is through your town, office, school or church, you can make a difference by bringing people together and collecting food. Food pantries often have "low times" when they need your help. Contact a local food bank that may need your support, create a theme, create a goal, contact donors (i.e. grocery stores), schedule volunteers, and invite others to participate.
- **Publicize the summer food programs.** To improve participation in summer food programs, Minnesota Food Share offers a website that allows you to download promotional flyers for summer lunch programs at: <http://www.gmcc.org/foodshare/summerfood.html>



# LOCAL AND NATIONAL RESOURCES



## MINNESOTA:

### **Emergency Foodshelf Network**

(<http://www.emergencyfoodshelf.org/Index.aspx>)  
Minnesota's free food bank located in Maple Grove and Crystal. Collects, warehouses and distributes quality food and essential support services to Minnesota hunger relief organizations.

### **Find a Food Shelf in Minnesota**

(<http://www.mnhungerpartners.org/fapFS.asp>)  
A website that helps to locate food shelves throughout Minnesota.

### **Hunger Solutions Minnesota**

(<http://www.hungersolutions.org>)  
Provides food distribution services in addition to serving as a voice for Minnesota's hungry.

### **Minnesota Partners to End Hunger Coalition**

(<http://www.hungersolutions.org/do/peh>)  
A state-wide partnership of organizations dedicated to eliminating the root causes of hunger.

### **Open Arms of Minnesota**

(<http://www.openarmsmn.org/>)  
Serves meals to anyone living with HIV/AIDS, undergoing cancer treatment or living with other chronic illnesses such as MS and ALS.

### **Second Harvest Heartland**

(<http://www.2harvest.org>)  
The state's largest hunger relief organization operates programs focusing on child and senior hunger, food rescue and equitable access to nutritional foods.



## NATIONAL:

### **America's Second Harvest**

(<http://www.secondharvest.org/>)  
"Our mission is to feed America's hungry through a nationwide network of member food banks and engage our country in the fight to end hunger."

### **Food Research and Action Center**

(<http://www.frac.org/>)  
The leading national nonprofit organization working to improve public policies and public-private partnerships intended to eradicate hunger and under nutrition in the United States.

### **The Hunger Site**

(<http://www.thehungersite.org/>)  
Founded to focus the power of the internet on the eradication of hunger. Since its launch in 1999, the site has established itself as a leader in online activism.

### **Oxfam America**

(<http://www.oxfamamerica.org/>)  
Works to end poverty by saving lives, strengthening communities and campaigning for change. Oxfam America operates on the scene, helping people gain the hope, skills and direction to create a new future.

### **World Hunger Year**

(<http://www.worldhungeryear.org/>)  
A leading advocate for innovative, community-based solutions to hunger and poverty. Challenges society to confront these problems by advancing models that create self-reliance, economic justice and equal access to nutritious and affordable food.